Constructing the 'pentagon' triangles
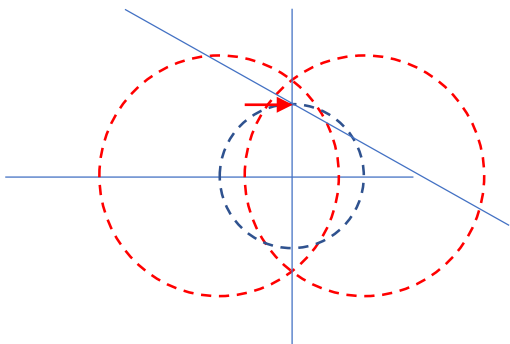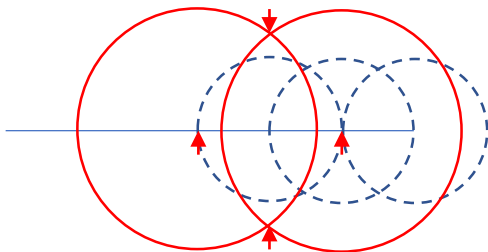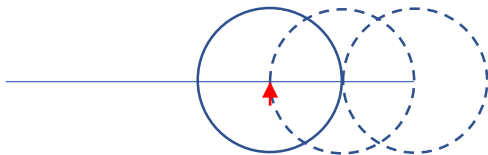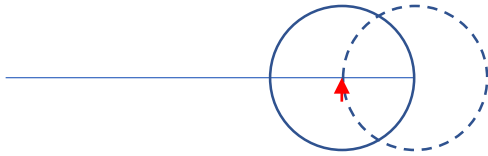
1. The 1-2-√5 triangle

2. The 'pentagon' triangles

$\sqrt{5}+1$

1

1

1

$\sqrt{5}-1$

2
base