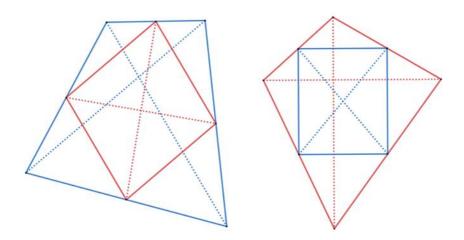
4.3.6 Duals by the midpoint construction

In the section **Dual polygons** we obtained a dual via an intermediate circle. Another way is to take as vertices of quadrilateral *X* the side midpoints of quadrilateral *Y*. This gives a parallelogram in all cases, the *Varignon parallelogram*. An interesting duality exists between the *equi*diagonal quadrilateral and the *ortho*diagonal quadrilateral.

A quadrilateral is *equi*diagonal if and only if the Varignon parallelogram is *ortho*diagonal (a rhombus).

A quadrilateral is *ortho*diagonal if and only if the Varignon parallelogram is *equi*diagonal (a rectangle).



If a quadrilateral is both ortho- and equidiagonal, the Varignon parallelogram must be both a rhombus and a rectangle, that is, a square.